

JACK AND THE VISITOR FROM ANOTHER WORLD





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IT'S THE START OF A BRAND NEW DAY. JACK RUBS HIS EYES AND SITS UP IN BED. HE SLOWLY MOVES HIS HAND DOWN UNDER THE BEDCOVERS TO CHECK FOR WET PATCHES.



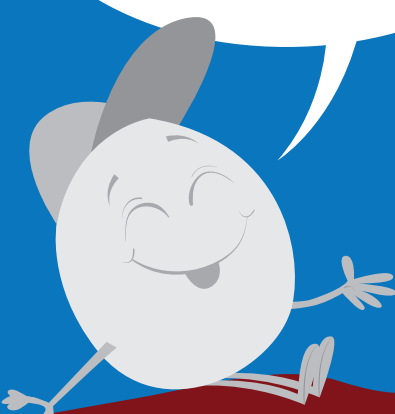
WITH A SMILE ON HIS FACE JACK LOOKS AT HIS BEDSIDE CLOCK AND LIES BACK DOWN AGAIN.

AFTER A FEW MINUTES JACK HEARS A STRANGE VOICE WHISPERING IN HIS EAR.




JACK OPENS HIS EYES AND TURNS HIS HEAD. THERE, LYING ON THE PILLOW, IS A BOY HE HAS NEVER SEEN; JACK THINKS HE LOOKS LIKE A POTATO WITH A SMILING FACE, TINY ARMS AND LEGS, AND WEARING A BASEBALL CAP.

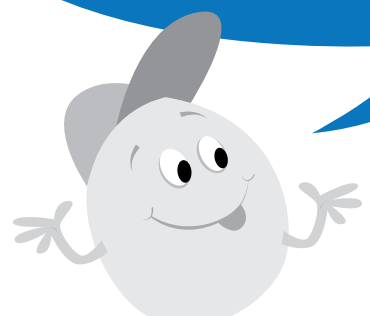





MY NAME IS INGOLF,
AND I'VE TRAVELLED
FROM A DIFFERENT WORLD
TO SPEAK WITH YOU.



WHY ME?
WHAT MAKES ME
SO SPECIAL?



WELL, ALTHOUGH MY PEOPLE ARE DIFFERENT
FROM YOU HUMANS IN MOST WAYS, THERE ARE
TWO WAYS WE ARE THE SAME: WE SPEAK THE
SAME LANGUAGE AND WE ALSO WET THE BED.
WE'VE HEARD THAT YOU'RE GETTING BETTER
AND I'D LIKE TO KNOW HOW, SO I CAN HELP
MYSELF AND MY PEOPLE.



GOSH, I CAN TELL YOU A LITTLE,
BUT I'M STILL LEARNING. MY SPECIAL FRIEND
CAPTAIN DRYBED CAN TELL YOU MORE.
SHE'S HELPED ME A LOT.
I'LL GIVE HER A CALL.

AT THE MENTION OF CAPTAIN DRYBED'S NAME, THE MAGIC POSTER SHE
HAD GIVEN JACK BEFORE APPEARS ON HIS BEDROOM WALL. JACK PLACES
HIS HAND ON THE POSTER AND CHANTS...



**CAPTAIN
DRYBED**

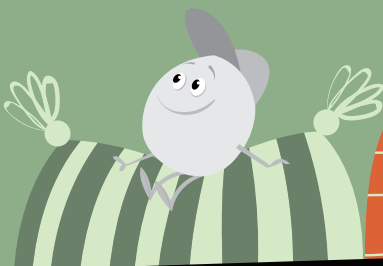
Here to help

Over
sn
sand
es

ANOTHER JOB WE
HAVE TO DO, THIS CHAP
INGOLF NEEDS OUR
HELP TOO

THERE'S A SUDDEN FLASH, AND JACK AND INGOLF FIND THEMSELVES ON A SOFA AT CAPTAIN DRYBED'S BASE. JACK TELLS CAPTAIN DRYBED ABOUT THE BEDWETTING PROBLEM ON INGOLF'S PLANET.

OK. LET ME TAKE YOU
ON A SPECIAL TOUR



AFTER A SHORT FLIGHT WITH CAPTAIN DRYBED, THEY ARRIVE AT A COLOURFUL MARKET PLACE. THEIR FIRST STOP IS A FRUIT AND VEGETABLE STALL WHERE SOME OF THE PRODUCE IS COVERED WITH SIGNS!



CAPTAIN DRYBED EXPLAINS THAT EATING WATERY FRUITS, SUCH AS MELONS AND APPLES, JUST BEFORE BEDTIME IS AS BAD AS DRINKING WATER OR JUICE. THIS IS BECAUSE THE FRUITS FILL PEOPLE WITH LIQUID, MAKING IT MORE LIKELY THEY WILL WET THE BED.



THE NEXT STALL THEY PASS IS SELLING ALL SORTS OF DRINKS.

I'D LOVE ONE
OF THOSE!

DON'T DRINK ME
BEFORE BEDTIME!

WELL YOU CAN HAVE ONE
NOW. BUT WHATEVER YOU
DO, DON'T HAVE ANY
DRINKS, BEFORE BEDTIME!

INGOLF ENJOYS HIS DRINK AND PROMISES THAT HE WON'T HAVE ANOTHER ONE
BEFORE BEDTIME.

AS THEY TURN A CORNER INGOLF SUDDENLY RUNS ON AHEAD, JUMPING UP AND DOWN WITH EXCITEMENT.



INGOLF IS STANDING IN FRONT OF AN ELECTRONICS SHOP WITH DOZENS OF BRIGHT SHINY GADGETS IN THE WINDOW, SOME MAKING STRANGE LOUD NOISES.



AFTER ANOTHER SHORT FLIGHT, THE THREE OF THEM ARE STANDING OUTSIDE A DOCTOR'S OFFICE.

WHICHEVER PLANET YOU LIVE ON
YOUR DOCTOR WILL GIVE YOU HELP
AND ADVICE WHICH MAY INCLUDE SOME
TREATMENT FOR YOUR BEDWETTING.



REMEMBER:
ALWAYS TAKE
YOUR MEDICINE WHEN
YOUR DOCTOR HAS
TOLD YOU TO




AT THIS POINT A PARROT LANDS ON CAPTAIN DRYBED'S SHOULDER AND SQUAWKS...



IT'S IMPORTANT TO
GET INTO A ROUTINE.
TRY TO PEE JUST
BEFORE BEDTIME AND
ALSO KEEP A RECORD
OF DRY AND WET
NIGHTS...

...AND PEE TIME
BEFORE BEDTIME

AHHH.
THAT'S WHY P
COMES BEFORE
ZZZZZZ THEN!



AND REMEMBER
TO STAY CALM
INGOLF. I KNOW NOW
THAT BEDWETTING
PROBLEMS LIKE OURS
CAN BE SOLVED.



ZZZZZZ

JACK SUDDENLY HEARS HIS MOTHER SHOUTING HIS NAME AND WAKES WITH A START. HE IS STILL IN HIS BED.

A cartoon illustration of a young boy with brown hair, wearing a light blue shirt, sitting up in bed with a red blanket. He has a surprised expression with wide eyes and a slightly open mouth. A thought bubble above his head contains the text "THAT WAS A STRANGE DREAM". In the background, there is a nightstand with a lamp and an open doorway.

THAT WAS A
STRANGE DREAM

WHEN HE LOOKS AT HIS PILLOW HE SEES A NOTE...

A close-up cartoon illustration of Jack looking at a note on his white pillow. He has a surprised expression with wide eyes and a slightly open mouth. The note is white with black text that reads: "Thanks Jack for all your Drybed's help. Best wishes, Ingolf".

Thanks Jack
for all your
Drybed's help.
Best wishes,
Ingolf

TIPS TO HELP RESOLVE BEDWETTING

- Bedwetting is a medical problem and talking to your doctor can help
- Don't drink before bedtime, especially fizzy drinks
- Stay away from watery foods such as melons and apples before bedtime
- Too much noise and bright light in the night can stop you sleeping, so avoid bright screens from computers, tablets, and phones before bedtime
- Bedwetting is common, and lots of other children go through this problem too
- If your doctor gives you medicine, it's important always to take it at the times your doctor has told you
- Your doctor may also give you a bedwetting alarm. If they do, you should use it as they say
- Pee time before bedtime – always remember to try to pee just before you go to bed
- Find out more about Ingolf's story at the Dry Dawn website <http://www.drydawn.com/>
- Prepare for your visit to the doctor and monitor your progress by downloading the DryDawn App
- Stay calm, and remember bedwetting problems can be solved!



WORLD BEDWETTING DAY

TIME TO TAKE ACTION